

# HAVE YOU OR SOMEONE YOU LOVE SERVED IN THE ARMED SERVICES?

Why former **Servicemembers** and Families should answer **"THE QUESTION"**:

The U.S. Department of Veterans Affairs and the State of North Carolina have benefits and programs that some former Servicemembers and their Families MAY be eligible for. Veterans' Health and Disability Benefits change frequently and differ from conflict to conflict and in peacetime.

**Have you** or someone you love served in the Active, Reserve, or Guard Services?

**Did you** experience trauma during your Military Service? (e.g., PTSD, TBI, MST, Moral Injury, Survivor's Guilt)

**Are you** experiencing health issues connected to your Military Service? (i.e., physical, mental, or behavioral)

**Are these** issues affecting other aspects of your life? (Employment, Family, and Spiritual Life)

**Most Community Providers are NOT prepared to identify or treat Military/Veteran-related Injuries, illnesses, and disabilities.**

- Post-Traumatic Stress Disorder (PTSD)
- Military Sexual Trauma (MST)
- Blast Concussions/Traumatic Brain Injury (TBI) Radiation Exposure
- Agent Orange Exposure
- Camp Lejeune Water Contamination
- Hepatitis C
- Exposure to Open Burn Pits
- Gulf War Syndrome
- Depleted Uranium Exposure
- Infectious Diseases brought home
- Possible negative effects on their fertility or on their children

There are over **4,000 Veterans Non-Profits** in North Carolina aiding Veterans and Families. Please contact one of them for more assistance:

[helpncvets.org](http://helpncvets.org)

[NCServes.org](http://NCServes.org)

[crisissolutionsnc.org](http://crisissolutionsnc.org)

**Veterans Crisis Line:**

1-800-273-TALK (8255)\* Press 1 for Veterans.

**VA helplines:**

1-844-MYVA311 (1-844-698-2311)



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

## WHY PROVIDERS SHOULD "ASK THE QUESTION"

### WAR IS NOT FOR THE FAINT OF HEART

AMONG THOSE SERVING IN AFGHANISTAN OR IRAQ:

**86%**

Knew someone seriously injured or killed

**75%**

Reported that a Team member became a casualty

**65%**

Saw dead or seriously injured Americans

**48%**

Felt responsible for the death of an enemy

**21%**

Saved the life of a soldier or civilian